

Trainingsplan Semesterferien 2018 FC Stadlau

Zeit	Tag	Mo., 5.2.		Di., 6.2.		Mi., 7.2.		Do., 8.2.		Fr., 9.2.	
	Platz	KR1	KR2	KR1	KR2	KR1	KR2	KR1	KR2	KR1	KR2
vor 16'15											
16'15-17'30			U9, U11	U9	Kopt.NW				U11		Kopt.NW
17'30-18'45		U12, U14	KM	U12, U13	KM	U11, U15	KM	U14	1b	U13, U12	KM
18'45-20'15		U15	1b, U18	U15	1b, U18	U13, U16		U16, U15	KM	U16, 1b	1b, U18
20'15-21'45		Kopt.KM		Dragons		Flag-FB	Industr.	Dragons	U18	Dragons	Kopt.KM